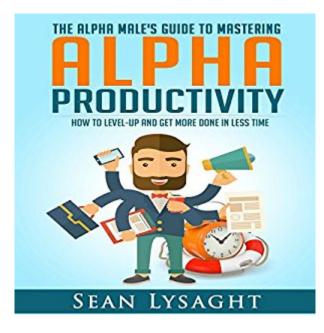
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## Alpha Productivity: The Alpha Male's Guide To Time Management





## Synopsis

Find Out the Real Reason Why You Aren't Productive And it's not what you think.... This book asks you the tough questions: What kind of man procrastinates on giving his gift in life? Answer: no man. If you are constantly putting things off or pushing them until tomorrow (i.e., never) then you are still a child. You haven't reached real manhood yet. This book takes a part evolutionary, part social conditioning look at the diseases of procrastination and laziness and why so many men are suffering from them today.

## **Book Information**

Audible Audio Edition Listening Length: 57 minutes Program Type: Audiobook Version: Unabridged Publisher: Sean Lysaght Audible.com Release Date: April 11, 2016 Language: English ASIN: B01E0GC6JC Best Sellers Rank: #4 in Books > Politics & Social Sciences > Philosophy > Movements > Structuralism #143 in Books > Business & Money > Skills > Time Management #212 in Books > Audible Audiobooks > Nonfiction > Philosophy

## **Customer Reviews**

The word standing out in this book is "procrastinating". Reading through it makes so much sense, and the writer focuses on this word because it is the main reason for us not spending or managing our time efficiently. It is not just a guideline that focuses on different methods on how to manage your time better, but rather a book that tells you why you are not managing your time correctly. It is almost like a slap in the face...it immediately gets your attention, and then helps you up by giving guidelines on how to change your life. The book completely changed my view on time management in a very positive way.

I had my share of reading books and articles just to make myself productive, all of them, I can honestly say helped me improve little by little, but none of them â œwokeâ • me up the way this one did. Now I understand myself that I am not really a loser, I just need to fix and adjust some things in my life. After reading, I assessed myself and I realized that I have so much time to accomplish many things, I just didnâ <sup>™</sup>t know how to manage my time. I find this book really effective and unique.

This book is complete guide to be productive without waste your time. To me manage my time has been always hard, this book teaches a lot of tips that you can use to use your time to the best way! I always think "If we have 24 hours, Why the day ends so fast? The answer is you wasted and I wasted too! I will follow all this tips I need to use my time. Great Job Sean Lysaght

Not much substance here. General ideas and not much if anything new. I WANTED it to be worthwhile, but it wasn't.

This isn't worth the \$. Too gender specific and way too general advice.no better than googling.

Alpha Productivity: The Alpha Male's Guide to Time Management Time Management: Guide to Time Management Skills, Productivity, Procrastination and Getting Things Done (time management, procrastination, productivity, ... successful people, efficiency, schedule) DIY Projects: Save Time & Money Maintaining Your Home With Simple DIY Household Hacks, Home Remedies: Increase Productivity & Save Time with Frugal Living ... And Organizing, Increase Productivity) The Alpha Male's Guide to Mastering the Art of Small Talk No B.S. Time Management for Entrepreneurs: The Ultimate No Holds Barred Kick Butt Take No Prisoners Guide to Time Productivity and Sanity What Women Want in a Man: How to Become the Alpha Male Women Respect, Desire, and Want to Submit To The 40 Laws of the Alpha Male: How to Dominate Life, Attract Women, and Achieve Massive Success The Alpha Male's 6 Laws of Self Esteem Alpha Male Syndrome Finding Alpha: The Search for Alpha When Risk and Return Break Down Alpha Teach Yourself Bookkeeping in 24 Hours (Alpha Teach Yourself in 24 Hours) OneNote: The Ultimate Guide to OneNote - Goals, Time Management & Productivity Sales: Master The Art of Selling - Networking, Time Management & Communication (Productivity, Close the Sale, Goal Setting, Charisma, Influence People, Trump, Cold Calling) 15 Secrets Successful People Know About Time Management: The Productivity Habits of 7 Billionaires, 13 Olympic Athletes, 29 Straight-A Students, and 239 Entrepreneurs The Power of Time Management: 5 Secrets That Millionaires Know About Productivity Daily Routine Makeover: Guide To Focused Action, Productivity Hacks, Stress-Free Performance - Get Things Done In Less Time The Productivity Project: Accomplishing More by Managing Your Time, Attention, and Energy Scrum: Scrum Master - Learn How to Build Teams, Boost Your Productivity and Beat Deadlines! (Scrum Master, Scrum Agile, Agile Project Management) Agile Project

Management: Box Set - Agile Project Management QuickStart Guide & Agile Project Management Mastery (Agile Project Management, Agile Software Development, Agile Development, Scrum) The Time Garden Note Cards: Color-In Note Cards from the Creator of The Time Garden and The Time Chamber (Time Adult Coloring Books)

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